



**Request for City Council Committee Action  
From the Department of Health & Family Support**

**Date:** DECEMBER 1, 2010

**To:** PUBLIC SAFETY & HEALTH COMMITTEE  
**Referral to:** WAYS & MEANS/BUDGET COMMITTEE

**Subject:** CONTRACT WITH THE UNIVERSITY OF MINNESOTA TO DEVELOP  
ADDITIONAL MENTAL HEALTH SERVICES FOR WOMEN DURING  
THE PERINATAL PERIOD

**Recommendation:**

Council authorization for the proper City officials to:

1. contract with the University of Minnesota to accept an estimated revenue of \$17,383 for conducting a community needs assessment related to prenatal and postpartum depression and other mental distress and developing a model of community-based services, and
2. increase both the revenue estimate in fund/department 01300-8600140 (revenue code 321007) and the 2010 appropriation in fund/department 01300-8600140 by \$17,383.

**Previous Directives:** None

**Prepared or Submitted by:** Becky McIntosh, Director of Planning & Administration  
Phone: x2884

**Approved by:** \_\_\_\_\_  
Gretchen Musicant, Commissioner of Health

**Permanent Review Committee (PRC):** Approval \_\_\_\_ Not Applicable  X   
**Policy Review Group (PRG)** Approval \_\_\_\_ Date of Approval \_\_\_\_ Not Applicable  X

**Presenters in Committee:** Pat Harrison, Director of Research and Program Development

**Financial Impact (Check those that apply)**

- X  Action requires an appropriation increase to the \_\_\_\_ Capital Budget or  X  Operating Budget.  
 X  Action provides increased revenue for appropriation increase.

**Background/Supporting Information Attached**

The department is a subgrantee of the University on a federal grant, and will provide expertise on prenatal and postpartum screening for depression in clinical settings. Staff will work with grant partners to identify evidence-based interventions appropriate for the target population and assist with the development of a strategic action and implementation plan.