



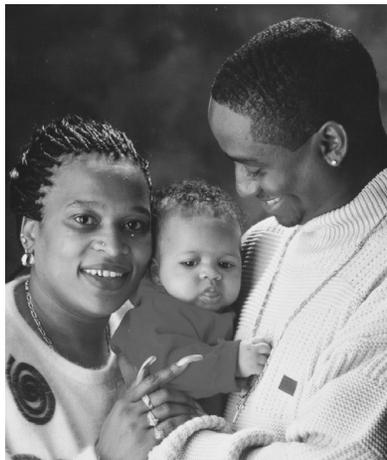
Healthy Start Partners



Minneapolis Healthy Start



The mission of Minneapolis Healthy Start is to reduce infant mortality and promote the health and well-being of pregnant and parenting families.



FOR MORE INFORMATION:

612-673-2301

If you need this material in an alternative format please call Minneapolis Health Department at 612-673-2301 or health@minneapolismn.gov.

Deaf and hard-of-hearing persons may use a relay service to call 311 agents at 612-673-3000. TTY users may call 612-673-2157 or 612-673-2626.

Attention: If you have any questions regarding this material please call Minneapolis Health Department at 612-673-2301.
Hmong - Ceeb toom. Yog koj xav tau kev pab txhais cov xov no rau koj dawb, hu 612-673-2800;
Spanish - Atención. Si desea recibir asistencia gratuita para traducir esta información, llama 612-673-2700;
Somali - Ogow. Haddii aad dooneyso in lagaa kaalmeeyo tar-jamadda macluumaadkani oo lacag la' aan wac 612-673-3500

**TOGETHER WE CAN ENSURE
THAT EVERY BABY GETS
A HEALTHY START**

“Healthy Start is like having a ready-made family to help you deal with childcare, transportation, and a lot of things that make being pregnant hard.”

- Healthy Start participant



Who is eligible?

Pregnant women who reside in Minneapolis may meet Healthy Start eligibility requirements if they have certain economic or social risk factors.

Every woman who is referred will receive a thorough assessment and receive appropriate services either through Healthy Start or another program.

Minneapolis Healthy Start provides intensive, in-home case management services to pregnant women who are at risk for poor birth outcomes. Every woman enrolled in the program receives:

- Home visits from a highly trained case manager or public health nurse
- Help with obtaining health insurance
- Referrals to community resources
- Prenatal, post-partum and parenting education
- Depression screening
- Health education
- Information on child development
- Assistance with coordinating medical appointments
- Support during pregnancy and for up to 2 years after the baby is born

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ABOUT HEALTHY START**

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